

Residency Club #1

10.3.17; 6:00-7:00 PM



PHI LAMBDA SIGMA

PHARMACY LEADERSHIP SOCIETY

Guest Speakers:

- Maggie Siodlak: DPH-4 APPE-RT Student
- Andy Cannon: PGY-1 Ambulatory Care Pharmacy Resident VA
- Dmitry Walker: PGY-1 Administrative Pharmacy Resident UW-Health
- Kristin Widmer: PGY-2 Administrative Pharmacy Resident UW-Health

Maggie: What does your APPE/residency background look like?

UW Health APPE-RT

Block 1: 742 Health System Administration

Block 2: 740 General Medicine

Block 3: 760 Transplant

Block 4: 760 Unity Managed Care

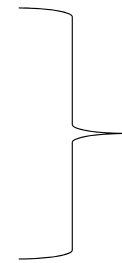
Block 5: 741 Verona Family Medicine Clinic

Block 6: 743 Outpatient Pharmacy

Block 7: 760 Select Specialty Hospital

Block 8: 760 Specialty Pharmacy

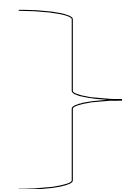
Administration



Longitudinal project/ abstract



Midyear/ residency applications



Interviews



Studying for boards

Tip #1: Talk to your peers

- Ask for feedback from previous students who completed the rotation!
 - Some rotations may have mixed reviews – get a variety of opinions
- The preceptors often make or break the rotation



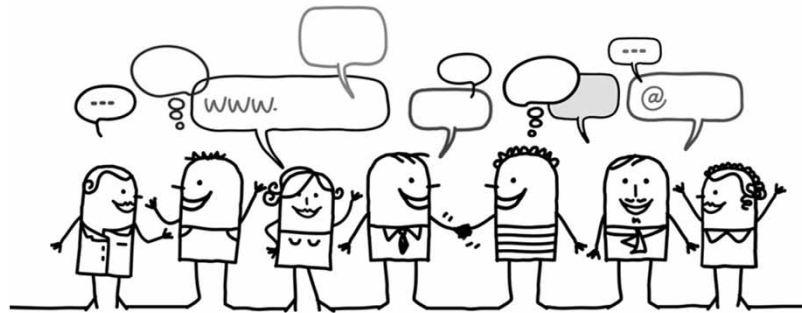
Tip #2: Consider rotation timing

- Different rotations require different time commitments & sites are open at variable times
 - Consider if you are expecting major life events, vacations, etc.
 - Residency applications, interviews, etc.
- Interested in pursuing a specialty or working at a particular site?
 - Try it early to help make your decision
 - Build relationships if interested in applying there



Tip #3: Networking opportunity

- Interested in applying for a job/ residency at a particular site?
 - The site can get to know you!
 - Past graduates have gotten job offers from APPE sites
- Want a strong reference letter for applications?
 - Is a preceptor connected to a program in which you are interested?
 - **It is about who knows who.**



Andy Cannon

- PGY1 Ambulatory Care Pharmacy Resident
 - William S. Middleton VAMC
- APPE Rotations
 - Dean Clinic East/UW Health Oncology Clinic
 - St. Clare Hospital-Baraboo
 - Meriter Hospital (Infectious Disease)
 - Madison VA (Ambulatory Care)
 - UW Health (Pediatrics)
 - UW Health (ICU)

Tip #1: Develop a Draft Strategy

- Pick your most desired rotation first....
- Place your most important rotations prior to January
 - Before application process
 - Six week interview
- Have back-up plans



Tip #2: Become Well Rounded



- Try not to duplicate experiences
 - i.e. general medicine, outpatient, etc
- If not APPE-RT...avoid multiple rotations at same institution
 - Networking
- Go out of your comfort zone

Tip #3: Make the Best of Your Experiences

- What if you end up somewhere you do not want to be?
 - Different geographic area....
 - Site, preceptor issues....
- You **MUST** sell yourself during application process
 - Interview questions
 - Letters of recommendation



Dmitry: What does your APPE/residency background look like (<2 min)

- PharmD from The Ohio State University, Class of 2017
- APPE block at Cleveland Clinic (4 months)
- 2 specific APPE rotations in residency area of interest (Admin)
- 2 required community pharmacy rotations (Specialty)
- Clinical Rotations
 - NICU (Rainbow Babies)
 - Ambulatory Care (Cleveland VA)
 - Internal Medicine (University Hospitals)
 - Cardiology (Cleveland Clinic)

Tip 1: Multiple Months in 1 Health-System → VERY NICE

- The more time you spend with one EMR, the more efficient you get
- The more connections/relationships you can develop, the more of a name you can build for yourself



Tip 2: Aim for the best rotation in each interest area

- Once you know what clinical rotations you are interested in, apply to institutions that are the best at it (ex: Transplant-> UW AmCare->VA, Cardiology-> Cleveland Clinic, Admin-> UW, etc.)
- Do not be afraid to put your hat in for a rotation that you might not know much about clinically.... APPEs is where you learn that
- Do not let the required community month be a waste
 - Flex it to specialty if possible
 - Take on a project rather than fill prescriptions



Tip 3: Share your passion and interest with your preceptors

- Make sure to share your professional interests with all of your preceptors
- Be engaged on every rotation
- Do not be afraid to ask for opportunities that are outside the scope of what your preceptor does on a daily basis
- You can flex almost any rotation to get the most out of it



Before you know it!



background look



Congr

Residen

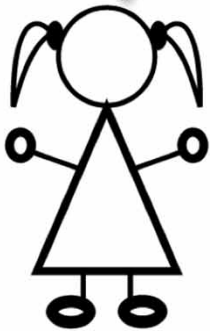
Program

YAY!

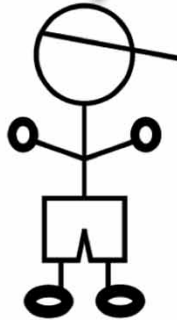


Tip #1:

Gil frelic neber seber trolli?



Poy yoy, beek ploter woter magory.



JOURNAL OF
ONCOLOGY
PHARMACY
PRACTICE

Original Article

Retrospective analysis of goal drug level attainment of posaconazole for invasive fungal infection prophylaxis in patients with acute myeloid leukemia pre- and post-switch to tablet formulation

Tyler K Liebenstein, Kristin M Widmer and Michael J Fallon

J Oncol Pharm Practice
0(0) 1-5
© The Author(s) 2017
Reprints and permissions:
sagepub.co.uk/journalsPermissions.nav
DOI: 10.1177/1078155217722405
journals.sagepub.com/home/opp
SAGE

Tip #2



DO THIS



Tip #3

**“LIFE IS 10 PERCENT WHAT YOU MAKE IT, AND
90 PERCENT HOW YOU TAKE IT.”**

IRVING BERLIN

IRVING BERLIN