Residency Club #1
10.3.17; 6:00-7:00 PM
Guest Speakers:

• Maggie Siodlak: DPH-4 APPE-RT Student
• Andy Cannon: PGY-1 Ambulatory Care Pharmacy Resident VA
• Dmitry Walker: PGY-1 Administrative Pharmacy Resident UW-Health
• Kristin Widmer: PGY-2 Administrative Pharmacy Resident UW-Health
Maggie: What does your APPE/residency background look like?

**UW Health APPE-RT**
- Block 1: 742 Health System Administration
- Block 2: 740 General Medicine
- Block 3: 760 Transplant
- Block 4: 760 Unity Managed Care
- Block 5: 741 Verona Family Medicine Clinic
- Block 6: 743 Outpatient Pharmacy
- Block 7: 760 Select Specialty Hospital
- Block 8: 760 Specialty Pharmacy Administration

- Longitudinal project/abstract
- Midyear/residency applications
- Interviews
- Studying for boards
Tip #1: Talk to your peers

• Ask for feedback from previous students who completed the rotation!
  • Some rotations may have mixed reviews – get a variety of opinions
• The preceptors often make or break the rotation
Tip #2: Consider rotation timing

• Different rotations require different time commitments & sites are open at variable times
  • Consider if you are expecting major life events, vacations, etc.
  • Residency applications, interviews, etc.
• Interested in a pursuing a specialty or working at a particular site?
  • Try it early to help make your decision
  • Build relationships if interested in applying there
Tip #3: Networking opportunity

• Interested in applying for a job/ residency at a particular site?
  • The site can get to know you!
  • Past graduates have gotten job offers from APPE sites

• Want a strong reference letter for applications?
  • Is a preceptor connected to a program in which you are interested?
  • It is about who knows who.
Andy Cannon

• PGY1 Ambulatory Care Pharmacy Resident
  • William S. Middleton VAMC

• APPE Rotations
  • Dean Clinic East/UW Health Oncology Clinic
  • St. Clare Hospital-Baraboo
  • Meriter Hospital (Infectious Disease)
  • Madison VA (Ambulatory Care)
  • UW Health (Pediatrics)
  • UW Health (ICU)
Tip #1: Develop a Draft Strategy

• Pick your most desired rotation first....
• Place your most important rotations prior to January
  • Before application process
  • Six week interview
• Have back-up plans
Tip #2: Become Well Rounded

• Try not to duplicate experiences
  • i.e. general medicine, outpatient, etc

• If not APPE-RT...avoid multiple rotations at same institution
  • Networking

• Go out of your comfort zone
Tip #3: Make the Best of Your Experiences

• What if you end up somewhere you do not want to be?
  • Different geographic area....
  • Site, preceptor issues....

• You MUST sell yourself during application process
  • Interview questions
  • Letters of recommendation
Dmitry: What does your APPE/residency background look like (<2 min)

- PharmD from The Ohio State University, Class of 2017
- APPE block at Cleveland Clinic (4 months)
- 2 specific APPE rotations in residency area of interest (Admin)
- 2 required community pharmacy rotations (Specialty)
- Clinical Rotations
  - NICU (Rainbow Babies)
  - Ambulatory Care (Cleveland VA)
  - Internal Medicine (University Hospitals)
  - Cardiology (Cleveland Clinic)
Tip 1: Multiple Months in 1 Health-System ➔ VERY NICE

• The more time you spend with one EMR, the more efficient you get
• The more connections/relationships you can develop, the more of a name you can build for yourself
Tip 2: Aim for the best rotation in each interest area

• Once you know what clinical rotations you are interested in, apply to institutions that are the best at it (ex: Transplant-> UW AmCare->VA, Cardiology-> Cleveland Clinic, Admin-> UW, etc.)

• Do not be afraid to put your hat in for a rotation that you might not know much about clinically…. APPEs is where you learn that

• Do not let the required community month be a waste
  • Flex it to specialty if possible
  • Take on a project rather than fill prescriptions
Tip 3: Share your passion and interest with your preceptors

• Make sure to share your professional interests with all of your preceptors
• Be engaged on every rotation
• Do not be afraid to ask for opportunities that are outside the scope of what your preceptor does on a daily basis
• You can flex almost any rotation to get the most out of it

Before you know it!
What does your APPE/residency background look like (<2 min)

Hiked this
And that
And jumped off this
Note step
Tip #1:

Retrospective analysis of goal drug level attainment of posaconazole for invasive fungal infection prophylaxis in patients with acute myeloid leukemia pre- and post-switch to tablet formulation

Tyler K Liebenstein, Kristin M Widmer and Michael J Fallon
Tip #2

BAD

DO THIS
Tip #3

“LIFE IS 10 PERCENT WHAT YOU MAKE IT, AND 90 PERCENT HOW YOU TAKE IT.”

IRVING BERLIN