

4 GREAT REASONS TO ENROLL in *Pharmacy and You*



01 | Opportunities to build connections with current School of Pharmacy students, faculty, and staff

- Mentorship by 1st and 3rd year pharmacy students
- Informational interviews with pharmacy faculty members and alumni
- Skill building and team work activities
- Group collaboration on projects and within study groups



02 | Exposure to **pharmacy** career pathways and postgraduate opportunities

- School of Pharmacy faculty and practicing pharmacist panels
- Pharmacy career pathways assessment
- Therapy, compounding, and communications lab demos
- Tours of the school, UW Hospital inpatient/outpatient/pediatric pharmacy settings



03 | Preparation for successful transition into the PharmD program

- Mock admissions interviews
- Personal statements and resumes
- Panel and small group discussions with admissions committee members
- Reflective and active learning assignments



04 | Strategies for first-year students to build success both in and out of the classroom

- Stress and time management techniques
- Exploration of learning styles
- Social activities outside the classroom
- Learning support resources and study skills strategies
- Structured support for other prerequisite courses



Hear what past FIG students have said:

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Being in the Pharmacy and Me FIG last year shaped a huge part of my college experience and helped make my transition from high school to college a smooth one.

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The pharmacy speaker presentations were amazing! They opened my eyes to so many different areas of pharmacy. The faculty interview was such a good way for us, as freshmen, to begin networking with faculty. I thoroughly enjoyed my interview and can for see myself contacting the faculty member I interviewed for advice in the upcoming years.

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Joining the FIG was my best college decision by far! As a pre-pharm student, you can't find a better opportunity to be in the pharmacy building every week meeting with and learning from current pharmacy students and pharmacists!

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Prior to this experience, I had thought I could either be a community or hospital pharmacist. The FIG exposed me to so many different directions my Doctor of Pharmacy degree could take me.

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My FIG mentor was one of the most supportive figures in my life at that point - her emails were always very reassuring and motivating, helping me realize that I was not alone. She was also very knowledgeable when it came to what courses to take and what activities to partake in to make myself a strong candidate on the academic side.”

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From the career panels to the student mentors to the pharmacy tours and hands-on labs to the conversations with admissions and more - all helped solidify my interest in and understanding of the field and gave me a lot to talk about in my application and interview!

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