



CAREER NEWSLETTER

NOVEMBER 2022



CAREER ARTICLES

Getting Along: How to Work with Anyone (Even Difficult People)

In this [interview](#), Amy Gallo speaks about the archetypes of people we encounter in the workplace and how we can understand and deal with challenging workplace relationships more effectively. Amy discusses the principles that will help us build stronger, more resilient relationships and look at the tools we can use to rebuild fractured ones.

Tips for Balancing a Pharmacy Intern Job and Pharmacy School

1. Be honest with yourself
2. Prioritize your life, health, and schoolwork
3. Keep your goals in mind

See this [article](#) for more helpful hints on landing a pharmacy internship and getting the most out of it!

Small Ways to Take Care of Your Mental Health at Work

The COVID-19 pandemic has taught us many things, including emphasizing the need to promote and enhance mental resilience especially in challenging times. Read these [tips](#) about the small ways employees take care of their mental health at work. Which of these ideas will you try as a student?



CAREER RESOURCES

Make the Most of Your Pharmacy Internship:

Since you have all just participated in the Career Days, the WSPS Professionalism Committee and PLS Professional Affairs Committee thought it would be helpful to summarize a few key items regarding the internship process:

- Get an early start: You've just improved your professional development skills and attended your maybe first ever Career Fair; stay focused and prepared as recruitment is already underway for the coming summer.
- Keep focused goals in mind: Pick opportunities you truly have interest and curiosity in and something you know will be a pivotal stepping stone in your career path.
- Use your resources: Check LinkedIn, Handshake, or organization-specific websites for opportunities. Another great resource when looking for summer internships is people! Remember those pharmacy leaders who you met at previous networking events? Or the recent Career Fair? Reach out to them and ask for their time and insights. They may have certain opportunities in mind and can better guide you directly to applying.
- Follow through and follow up: Following a networking event, a job interview, or the Career Fair, be sure to reach out to folks afterward. Express your gratitude and points of interest if a topic was particularly impactful or meaningful to you. (Review October's Career Newsletter for helpful tips when writing thank you emails and notes!)
- Take initiative: Always offer help even when it's not asked of you!
- Manage yourself: Time management and project management skills are crucial. Stay on top of your organizational abilities and make sure you're communicating effectively. Turn in projects before expected and communicate if you're feeling like you need more time.

Find more tips to maximize your pharmacy school summer internship [here](#).

Internship and Job Database

Are you looking for a technician, internship, or pharmacist position or exploring residency or fellowship programs? Remember you can find technician, internship, and pharmacist positions in Handshake. Look for residency and fellowship positions, open house notifications, and webinars in the weekly SOP announcements.

Career Days Recordings

If you would like to review information presented during the Career Days, most recordings for each cohort have been posted in the respective Advising Hub Canvas page. Reach out to Chelsea Wimmer (chelsea.wimmer@wisc.edu) with any questions.



UPCOMING EVENTS

AMCP P&T Competition

The Pharmacy & Therapeutics (P&T) Competition will be held in late January 2023 and is designed to challenge student pharmacists to gain a real-world perspective of the formulary management process. Competitors will be assigned a drug, and participating students are split into teams of four. Teams will evaluate the economic and clinical impact of a given drug and present a formulary recommendation to a P&T Committee. UW-Madison's winning submission will be sent to AMCP National and will have a chance to compete at the AMCP annual meeting.

Join the Info Session on **Thursday, November 17 at 6:30pm** via [Zoom](#) to learn more about what a P&T Committee is, the process of signing up, and what the competition entails. Contact Alan Albrecht, AMCP President Elect (aralbrecht2@wisc.edu), with any questions.

The Evolving Role of Pharmacists in the Pharmaceutical Industry

With the rise of PharmD professionals seeking employment outside of traditional pharmacy settings, the pharmaceutical industry continues to highlight the need for pharmacists in this field. During this webinar, the Accreditation Council for Medical Affairs (ACMA) will share details on the increased demand of pharmacists in the pharmaceutical industry. This webinar will also review how to adequately prepare student pharmacists for exposure and education on the pharmaceutical industry.

[Register](#) for this webinar on **Friday, November 18 from 12:00-1:00pm**. This webinar is open to non-AACP members, including student pharmacists.

How to Email Like a Professional

[Register](#) for the virtual Writing Center Workshop on **Monday, November 28 from 5:00-6:30pm**. This workshop will discuss how to compose professionally effective emails.

PhD in Health Services Research in Pharmacy

The [Health Services Research in Pharmacy](#) (HSRP) PhD program at the UW–Madison School of Pharmacy has a singular focus on improving medication outcomes. The program is designed to provide interdisciplinary training for theory-based research in improving patient outcomes, including knowledge and understanding of medication use, patient and provider communication and behaviors, patient safety, and healthcare systems. The programs aim to prepare the next generation of health services researchers to best meet the needs of patients and the communities in which they live. By integrating knowledge of pharmacy and pharmaceuticals with theories and concepts from the social and management sciences, medicine, epidemiology, history, and economics, the HSRP PhD at UW–Madison delivers a program rich in both depth and breadth, giving graduates the tools to design and shape the future of health care delivery.

Join the HSRP Virtual Open House on **Wednesday, November 30 from 4:00-5:00pm**. Register [here](#).

IPPE/APPE Roundtable Event

PLS is hosting an IPPE/APPE Roundtable Event on **Wednesday, November 30 at 5:30pm** in room 1116. This event is targeted to DPH-1 and DPH-2 students who will be completing IPPEs over winter or summer break and will focus on what to expect and how to succeed in these experiences.

Demystifying Health System Specialty Pharmacy - Opportunities for Students and New Practitioners

Health-system specialty pharmacy is an exciting and growing sector of pharmacy practice, with many unique career opportunities. ASHP is offering a free webinar, focusing on an overview of health system specialty pharmacy practice, a Q&A session with current residents in specialty pharmacy-focused residency programs, and virtual breakout rooms with the opportunity to network directly with experienced specialty pharmacy leaders and current specialty pharmacy residents.

This webinar will be held on **Thursday, December 1 at 12:00pm** and is free and open to all students, regardless of ASHP membership. Register [here](#).

Mock Residency Interviews

WSPS will be hosting virtual Mock Residency Interviews the last two weeks of December. Keep an eye out for an email from WSPS with more details.

Thank you to the WSPS Professionalism Committee and the PLS Professional Affairs Committee for their contributions to this newsletter!

Have an idea for the next Career Newsletter?
Contact Chelsea Wimmer: chelsea.wimmer@wisc.edu



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UNIVERSITY OF WISCONSIN-MADISON