



CAREER NEWSLETTER

APRIL 2022



CAREER ARTICLES

Getting Beyond Burnout: 3 Ways To Reignite

While this Forbes [article](#) focuses on burnout in the work world, the suggestions to mitigate pressure (to perform, to progress, and to be perfect) are applicable to students too. As the article optimistically concludes: “You have the power to reduce your burnout through your own choices, and you have influence on the conditions around you—through your actions and support of others.”

How to Manage a Job Offer When You’re Still Interviewing Elsewhere

This Harvard Business Review [article](#) offers five ways to manage multiple job offers: (1) ask for time to decide, (2) meet more people or take a tour, (3) reject companies you’re not interested in, (4) determine if you’re a viable candidate elsewhere, and (5) take the job and ask for a delayed start. If you find yourself in this uncomfortable situation, engage in proactive communication with the companies and remain authentic and professional throughout the process.

Why Starting a New Job Feels So Awkward

This Harvard Business Review [article](#) discusses the three psychological reasons behind why transitions to a new job can feel both awkward and exciting. As the newbie your “prediction engine” (your brain) doesn’t know what to expect, you don’t know the company’s jargon and acronyms, and you don’t yet have a squad. To combat these, make conversation with your colleagues and ask questions when you’re confused, find a colleague to serve as your translator, and find an ambassador to introduce you to others.



CAREER RESOURCES

Interviewing Tips

The WSPS Professionalism Committee and PLS Journal Club Committee have shared the following resources for interview tips:

- ASHP Podcast – [Tips and Tricks to Nail the Interview: Advice from the New Practitioner’s Forum](#)
- TIME Article – [7 Ways Body Language Can Help You Get Your Next Job](#)
- JanellKnowsMoney – 15 Impressive Questions To Ask At The End Of An Interview
 1. How would you describe your management style?
 2. How will you measure success in this job?
 3. What are the departmental goals over the next 5 years?
 4. What is one of the biggest obstacles you’re facing right now?
 5. What training opportunities are available to employees?
 6. What would you like the person in this position to accomplish in the first 90 days?
 7. How do you measure performance?
 8. Can you tell me about the team I’ll be working with?
 9. If you will have direct reports, ask about the team's strengths and weaknesses.
 10. How would you describe the work environment – is work collaborative or independent?
 11. How has the company changed since you joined?
 12. Is there anything about my background that gives you pause? I’d love to clear it up.
 13. What are the next steps in the interview process?
 14. Is there anything else I can provide to you that would be helpful?
 15. Can I answer any final questions?

Informational Interviewing

The UW-Madison Adult Career and Special Student Services’ website provides helpful steps in the process of [informational interviewing](#) and suggested questions you may wish to ask during an informational interview.

Internship and Job Database

As you search for an internship or job, refer to the [Internship and Job Database](#). If you have a position to post, email the details to Chelsea Wimmer (chelsea.wimmer@wisc.edu).



UPCOMING EVENTS

ASHP Residency Preparation Roundtable Series

[Register](#) following ASHP virtual roundtable topics:

- **Tuesday, April 19 at 6:00pm** – Post Match & Licensure Readiness

- **Tuesday, May 24 at 6:00pm** – APPE Rotation and Residency Prep (targeted towards DPH-1, DPH-2, and DPH-3 students)
- **Tuesday, June 21 at 6:00pm** – Transitioning from Student to New Practitioner

Post Graduation Community Engagement Panel

[Register](#) for the Morgridge Center for Public Service's virtual panel discussion on **Wednesday, April 20 at 5:00pm** about community engagement as you transition from student to professional. Listen to professionals speak on their experience of continuing their commitment to civic engagement after graduation.

APPE and Residency Timeline Panel

The countdown to APPEs is on! WSPS is hosting an in-person APPE and Residency Timeline Panel on **Monday, April 25 at 6:00pm** in room 1116. This is a great opportunity to ask questions to current APPE students and PGY-1 residents.

Thank you to the WSPS Professionalism Committee and the PLS Journal Club Committee for their contributions to this newsletter!

Have an idea for the next Career Newsletter?
Contact Chelsea Wimmer: chelsea.wimmer@wisc.edu



School of Pharmacy
UNIVERSITY OF WISCONSIN-MADISON